## Discovering Your Family's Strengths: A ParentFurther Webinar Series from Search Institute

This is a five-part webinar series that examines the practical implications of Search Institute's framework of Family Assets, or family strengths, based on *The American Family Assets Study*.

## <u>November Webinar:</u> *Nurturing Strong Family Relationships During the Teenage Years*

## Join us for this free webinar on Wednesday, November 19th, 2014, 12PM - 1PM, CST

Featuring Jenna Sethi, Ph.D., Research Associate, Search Institute

There's little doubt that relationships matter in families. They're the foundation of family strengths. Our family relationships build on how we communicate, show affection, stay emotionally open to each other, and support each other's deep passions and interests (or<u>"sparks"</u>).

When family relationships are going well, we can too easily take them for granted. But when we struggle in these relationships, it can undermine our sense of what it means to be family.



This webinar will begin to explore these issues by addressing several key questions:

- Are parent relationships still relevant and important when children become teenagers?
- What do young people say they want in their relationships with their parents? What do parents want in their relationships with their kids?
- How do parent-child relationships change during the teenage years?
- What can parents actually do to strengthen relationships during the teenage years?
- What roles could people who work with families play in strengthening family relationships without seeming intrusive?

Webinar participants will gain new insights about nurturing relationships in families along with some practical ideas for what they can do in their own families or families they work with to be more intentional about nurturing family relationships.

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